

Excel Gymnastics Of Steamboat

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2017-2018 After School Schedule: Begins August 21st and ends June 8th

40 weeks Total not counting 2 week Christmas Vacation

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
4:00	Girls Team Levels 3 (Preferred) and 4-9	Girls USAG Team Levels 5-9	SSWSC U-15 Tramp 5:00-6:15	Girls USAG Team Levels 5-9	Girls Team Levels 4-9					
4:30						Boys Rec 5-7 y.o.	Girls Rec 5-7 y.o.	Parks & Rec All Sessions	Girls Rec 5-7 y.o.	
5:00						Intermediate Girls Rec Ages 6-9 y.o.	Girls Recreation 8+	Intermediate Girls Rec Ages 8+	Girls Rec 5-7 y.o.	Intermediate Girls Rec Ages 6-9 y.o.
5:30						Girls XCEL/Eagles Team	Girls XCEL/Eagles Team	Girls XCEL/Eagles Team	Boys Rec 5-7 y.o.	Girls XCEL/Eagles Team
6:00						Boys USAG Team Levels 4-10	Boys USAG Team Levels 4-10	Boys USAG Team Levels 4-10	Boys USAG Team Levels 4-10	Boys USAG Team Levels 4-10
6:30										
7:00										
7:30		Adult Open Gym 16+			Middle School Open Gym 12-14-y.o.					
8:00										
		Girls Hotshots 4-6 y.o.	Beginner Tramp & Tumbling	Boys Rockets Development 4-7 y.o.	Girls Rec 5-7 y.o.					