

# Excel Gymnastics Of Steamboat

1955 Bridge Lane, Suite 1500 970-879-EGOS (3467) www.879-egos.com info@879-egos.com

**2017-2018 After School Schedule: Begins August 21st and ends June 8th**

40 weeks Total not counting 2 week Christmas Vacation

|      | MONDAY                                  | TUESDAY                    | WEDNESDAY                                                                | THURSDAY                   | FRIDAY                               |                                      |                              |                          |                    |
|------|-----------------------------------------|----------------------------|--------------------------------------------------------------------------|----------------------------|--------------------------------------|--------------------------------------|------------------------------|--------------------------|--------------------|
| 4:00 | Girls Team Levels 3 (Preferred) and 4-9 | Girls USAG Team Levels 5-9 | Beginner Tramp & Tumbling<br>Girls Rec 5-7 y.o.                          | Girls USAG Team Levels 5-9 | Girls Team Levels 4-9                |                                      |                              |                          |                    |
| 4:30 |                                         |                            |                                                                          |                            |                                      | Boys Rec 5-7 y.o.                    | Girls Hotshots 4-6 y.o.      | Parks & Rec All Sessions | Girls Rec 5-7 y.o. |
| 5:00 |                                         |                            |                                                                          |                            |                                      | Girls Rec 5-7 y.o.                   | Girls Rec 5-7 y.o.           | Girls Rec 5-7 y.o.       | Girls Rec 5-7 y.o. |
| 5:30 |                                         |                            |                                                                          |                            |                                      | Intermediate Girls Rec Ages 6-9 y.o. | Girls Recreation 8+          | Girls Rec 5-7 y.o.       | Girls Rec 5-7 y.o. |
| 6:00 |                                         |                            |                                                                          |                            |                                      | Girls XCEL/Eagles Team               | P&R Advanced Start Session 2 | Girls Rec 5-7 y.o.       | Girls Rec 5-7 y.o. |
| 6:30 | Boys USAG Team Levels 4-10              | Boys USAG Team Levels 4-10 | Boys Rockets Development 4-7 y.o.                                        | Boys Rec 5-7 y.o.          | Boys USAG Team Levels 4-10           |                                      |                              |                          |                    |
| 7:00 |                                         |                            |                                                                          |                            |                                      |                                      |                              |                          |                    |
| 7:30 |                                         | Adult Open Gym 16+         | Intermediate/Advanced Tramp & Tumbling<br>Intermediate Girls Rec Ages 8+ | Girls USAG Team Levels 5-9 | Girls Team Levels 4-9                |                                      |                              |                          |                    |
| 8:00 |                                         |                            | Girls XCEL/Eagles Team                                                   | Adult Open Gym 16+         | Intermediate Girls Rec Ages 6-9 y.o. |                                      |                              |                          |                    |
|      |                                         |                            | Boys Rec 5-7 y.o.                                                        |                            | Girls XCEL/Eagles Team               |                                      |                              |                          |                    |
|      |                                         |                            | Boys USAG Team Levels 4-10                                               |                            | Boys USAG Team Levels 4-10           |                                      |                              |                          |                    |
|      |                                         |                            |                                                                          |                            | Middle School Open Gym 12-14-y.o.    |                                      |                              |                          |                    |