

# Excel Gymnastics Of Steamboat

1955 Bridge Lane, Suite 1500 970-879-EGOS (3467) www.879-egos.com info@879-egos.com

**2018-2019 After School Schedule: Begins August 20th and ends June 7th**

40 weeks Total not counting 2 week Christmas Vacation

		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
4:00		Girls Team Levels 3 (Preferred) and 4-9			Boys Rec 5-7 y.o.	Girls USAG Team Levels 5-9			Girls Hotshots 4-6 y.o.	Tramp & Tumble			Girls USAG Team Levels 5-9			Girls Team Levels 4-9			Girls Rec 5-7 y.o.		
				Girls Rec 5-7 y.o.				Girls Rec 5-7 y.o.				P&R Advanced Start Session 2						Girls Rec 5-7 y.o.			
4:30		Girls Team Levels 3 (Preferred) and 4-9			Boys Rec 8+	Girls USAG Team Levels 5-9			Tramp & Tumble			Girls USAG Team Levels 5-9			Girls Team Levels 4-9			Girls Rec 5-7 y.o.			
				Intermediate Girls Rec Ages 6-9 y.o.				Girls Recreation 8+						Intermediate Girls Rec Ages 8+						Girls XCEL/Eagles Team	
5:00		Girls Team Levels 3 (Preferred) and 4-9			Girls XCEL/Eagles Team		Boys USAG Team Levels 4-10		Tramp & Tumble		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Girls XCEL/Eagles Team																	
5:30		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Boys USAG Team Levels 4-10																	
6:00		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Boys USAG Team Levels 4-10																	
6:30		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Boys USAG Team Levels 4-10																	
7:00		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Boys USAG Team Levels 4-10																	
7:30		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Boys USAG Team Levels 4-10																	
8:00		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
				Boys USAG Team Levels 4-10																	
		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
																					Boys USAG Team Levels 4-10
		Girls Team Levels 3 (Preferred) and 4-9			Boys USAG Team Levels 4-10		Tramp & Tumble		Girls USAG Team Levels 5-9		Boys Rockets Development 4-7 y.o.		Girls USAG Team Levels 5-9		Girls Team Levels 4-9		Girls Rec 5-7 y.o.		Boys Rec 5-7 y.o.		
																					Boys USAG Team Levels 4-10