Excel Gymnastics Of Steamboat

1955 Bridge Lane, Suite 1500 970-879-EGOS (3467) www.879-egos.com info@879-egos.com

2022-2023 After School Schedule: Begins August 22nd and ends June 2nd

39 weeks Total not counting 2 week Christmas Vacation

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00	Boys Rec 5-7 y.o. Girls Rec 5-7 y.o. Girls CARA Recreational Team	Girls USAG Team Levels 3-9 Girls Rec 5-7 y.o. Boys Rec 5-7 y.o. Boys USAG Team Levels 3-10	Girls Rec 5-7 y.o. Rockets: Boys Developmental Team Training	Girls USAG Team Levels 3-9 Girls CARA Recreational Team Girls Rec 5-7 y.o. Boys Rec 5-7 y.o. Boys USAG Team Levels 3-10	Girls USAG Team Levels 3-9 Girls Rec 5-7 y.o. Girls CARA Recreational Team Boys USAG Team Levels 3-10
4:30					
5:00	Boys Recreational 8+ Intermediate Girls Rec Ages 6-9 y.o.	Girls Recreation 8+ Boys Recreational 8+	Intermediate Girls Rec Ages 8+	Girls Recreation 8+	Intermediate Girls Rec Ages 6-9 y.o.
5:30					
6:00					
6:30					
7:00					Middle School Open Gym Grades 6-8 ONLY
7:30					
8:00					