# 2024 EXCEL GYMNASTICS: Summer Class Schedule

## Classes begin June 10th and end August 16th 10 Weeks Total

| | Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 8:00 | | | | | | | | | | | | | | | | | | | | | |
| 9:00 | Open Gym 1-6 y.o. | Girl's Recreational Ages 5-7 | USAG Girls Team - All Levels | USAG Boys Team Levels 4-10 | Girl's Recreational Ages 5-7 | CARA Girls Recreational Team | USAG Girls Team - All Levels | USAG Boys Team Levels 4-10 | Open Gym 1-6 y.o. | Intermediate Gymnastics Girls Age 6-9 | Boys Recreational Ages 5-7 | Boys Rockets Training Team | Girls Recreational Age 5-7 | | USAG Girls Team - All Levels | USAG Boys Team Levels 4-10 | Open Gym 1-6 y.o. | Recreational Gymnastics Boys Ages 8+ | Girls Recreational Age 5-7 | USAG GirlsTeam - All Levels | CARA Girls Recreational Team |
| 10:00 | | | | | | | | | Dynamos 3.5-5 yrs | | | | | | | | Dynamos 3.5-5yrs | | | | |
| 11:00 | | Boys Recreational Ages 5-7 | | | | | | | | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | Open Gym Elementary Grades 1-5 | | | | | | Open Gym Elementary Grades 1-5 | | | | |
| 1:00 | CARA Girls Recreational Team | Intermediate Gymnastics Girls Age 6-9 | | Outside Groups: Mtn., Parks&Rec, B&G Club | Recreational Gymnastics Girls Ages 8+ | Recreational Gymnastics Boys Ages 8+ | | Outside Groups: Mtn., Parks&Rec, B&G Club | | | | Outside Groups: Mtn., Parks&Rec, B&G Club | | | | Outside Groups: Mtn., Parks&Rec, B&G Club | | | | | Outside Groups: Mtn., Parks&Rec, B&G Club |
| 2:00 | | | | | | | | | | | | | | | | | | | | | |
| 3:00 | | | | | | | | | | | | | | | | | | | | | |
| 4:00 | | | | | | | | | | | | | | | | | | | | | |
| 5:00 | | | | | | | | | | | | | | | | | | | | | |
| 5:30 | | | | | | | | | | | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | | | | | | Middle School Open Gym 7:00-8:30 | | | | |