2025 EXCEL GYMNASTICS: Summer Class Schedule

Classes begin June 9th and end August 15th 10 Weeks Total

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00					
9:00	Open Gym 1-6 y.o.	Girl's Recreational Ages 5-7	Open Gym 1-6 y.o.	Girls Recreational Age 5-7	Open Gym 1-6 y.o.
10:00	Girl's Recreational Ages 5-7	CARA Girls Recreational Team	Parent/Child 18 months-3 yrs	CARA Girls Recreational Team	Dynamo 3.5-5 yrs
11:00	Boys Recreational Ages 5-7	USAG Girls Team - All Levels	Dynamo 3.5-5 yrs	USAG Girls Team - All Levels	Recreational Gymnastics Boys Ages 8+
12:00	USAG Girls Team - All Levels	Boys Rockets Training Team	Intermediate Gymnastics Girls Age 6-9		Girls Recreational Age 5-7
1:00	Intermediate Gymnastics Girls Age 6-9	Recreational Gymnastics Girls Ages 8+	Boys Recreational Ages 5-7	Outside Groups: Mtn., Parks&Rec, B&G Club	Open Gym Elementary Grades 1-5
2:00	Outside Groups: Mtn., Parks&Rec, B&G Club	Outside Groups: Mtn., Parks&Rec, B&G Club	Open Gym Elementary Grades 1-5		CARA Girls Recreational Team
3:00			Outside Groups: Mtn., Parks&Rec, B&G Club		Outside Groups: Mtn., Parks&Rec, B&G Club
4:00					
5:00					
5:30					
6:00					
7:00					